



Langmans Dental Health Centres

Have You Seen Our New Website?

Our new website has been up and running since September providing all the information you may need such as practice information, treatment details, prices, testimonials and also includes our practice video.

We have had great feedback from patients who have used the new website. If you haven't already had a look please do!

www.langmansdental.co.uk

Please also:

Rate us on Google+ 

Like us on Facebook: Langmans Dental Health Centres 



Fund Raising

We are continuing to raise all important funds for the Stratford Cancer and Eye Hospital Appeal.



So far we have had a guess the name of the teddy, guess the weight of the baby and find the treasure competitions. Coming up later this month we have a quiz night with raffle.

Thank you to our patients and to The Vintner, Stratford Butterfly Farm, Boden Clothing, Moseley Rugby Club, Something Different, Red Lion, Thorntons, El Greco, Riverside Restaurant, The Candle Portfolio, Mr Simms Olde Sweet Shoppe, Gemini, Stratford Garden Centre and Mida Cafe for donating prizes.

MOUTH CANCER

Mouth cancer has grown by a third in the last decade and remains one of the very few cancers predicted to increase further in the coming years. It can develop in any part of the mouth including the tongue, gums, tonsils, lips and upper part of throat.



What to look out for:

- An ulcer or sore in your mouth or on your tongue that isn't healing after 3 weeks
- A red or white patch in your mouth
- An unexplained pain in your mouth or ear

Lumps and ulcers in the mouth are very common and usually get better on their own. Changes that last longer than 3 weeks should be checked out by your dentist without delay.

Risk Factors

- Tobacco - smokers are three times more likely to develop mouth cancer than non-smokers.
- Alcohol - the more you cut down on alcohol the more you reduce your risk.
- Age & Gender - mouth cancer is typically more common in men and is rare in people under 40. However research has shown that it is now becoming more common in younger patients and women.
- HPV Infection - a common sexually transmitted disease, can increase mouth cancer risk.

Please note that we carry out oral cancer screening at every examination.

XMAS Whitening Offer

Have you seen our offer? For appointments booked in November and December we are discounting our teeth whitening treatments. Offer prices are as follows:

In Surgery Whitening for immediate results - Now £349

Home Teeth Whitening - Now £199

Give us a call to book an appointment - spaces are filling up fast.
Offer also available to non patients of the practice so let your friends know too!



Feedback

Feedback is important so we would love to hear from you. Please let us know what you think of our services and if you have had a good, enjoyable experience please tell your friends and family.

Staff News

We are pleased to have Dr Anne-Louise Langman back at work following several months of recuperation from a broken ankle!

Dr Caroline Bell is reducing her hours and as from November 1st will be working at the Stratford Practice on Tuesdays and Thursdays seeing private patients only. Caroline's NHS patients will be seen by Dr Grainne Quirke or Dr Margaret McLoughlin or can choose to continue to see Caroline but on a private basis.

We would also like to congratulate Caroline on her recent engagement to partner Craig.

Since the last newsletter Dr Margaret McLoughlin has given birth to a baby boy 'Rory' and we look forward to welcoming her back from her maternity leave at the end of January.



Children's Day - 18th February 2016

We are excited to announce that we are holding our first Children's Dental Health Day for children & teens aged 3-16 registered at Langmans practices.

This will include fun-filled activities with the aim of educating the children in looking after their oral health. The children will also receive a free goody bag!

This fun day will take place in the Stratford Practice on an appointment only basis. To book your place call 01789 292460.



Practice Membership Plan

Many of our patients are choosing to join our practice membership plan. This allows you to budget for dental care and receive 20% discount off most treatments.

Please ask at reception for details.

White Fillings / Composite Bonding

White fillings are becoming an increasingly popular alternative to silver amalgam. They restore function whilst keeping the natural appearance of the tooth. White fillings come in an array of shades to perfectly match your existing tooth. White fillings can also be used to reshape teeth to help give the patient a different shaped tooth for example a tooth that has been worn down by grinding.

These pictures show how the same teeth look with amalgam and white fillings.



These photos show how white filling material has been used to build up the patients front teeth.



If you would prefer to have a tooth coloured filling or have concerns about the shape etc of your teeth please discuss this with your dentist.

Christmas & New Year Opening Times

Christmas Eve	8.30am - 12.30pm
Christmas Day	Closed
Boxing Day	Closed
Monday 28th	Closed

Tues 29th	8.30am - 2.00pm
Weds 30th	8.30am - 2.00pm
New Years Eve	8.30am - 12.30pm
New Years Day	Closed



For urgent dental care outside of these hours please telephone the practice and follow the instructions on our answer phone message.

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